



SJMA is kicking off a new campaign for 2018 to encourage everyone to *Do Something Kind*

How can you *Do Something Kind*?

Kindness is simple. Do something nice for someone else without expecting anything in return. Over the next five months, try doing some random acts of kindness for your family, friends and co-workers. The reward for participating is that you feel good about yourself and you make someone else feel good too!

At the close of this campaign, we are celebrating by volunteering as a group for a service project at Sacred Heart Community Center.

Saturday, November 10

9:00 AM - Noon

Sacred Heart Community Center

1381 S. First Street, 95110

(408) 278-2160

RSVP to Kevin Lee, 535-1908 or email us at events@sjma.us

Share your *Do Something Kind* experience!

Go to our website where you can share ideas for how to *Do Something Kind*, tell your stories of kindness given to you or that you gave to others.

Log in to the website and post your ideas to Do Something Kind!